Junior Deans | Aase Villadsen and Madeline Nightingale are available to offer welfare advice, to connect you with resources and to be there during emergencies. Email jd@gtc.ox.ac.uk or aase.villadsen@gtc.ox.ac.uk or madeline.nightingale@gtc.ox.ac.uk Emergency number: 07786 684 423

Vice President Welfare | Antonio Ji
Can provide support and advice to all students and organizes events to promote students’ well-being.
vp-welfare@gtcgcr.org

Female Welfare Officer | Genevieve Richardson
Can offer support for any safety and/or sexual health related questions and provide free contraception.
female-welfare@gtcgcr.org

College Nurse | Jane Lambert is available for support and advice on physical and mental health (weeks 0-9). Visit her in her room on the ground floor of the Observers House (enter from Stables Gallery), Mon and Weds: 15.00-17.30 and Fri: 12.45-14.15., or email her on: nurse@gtc.ox.ac.uk

Pastoral Advisor | John Lennox offers support from the standpoint of a person of Christian faith:
john.lennox@gtc.ox.ac.uk

Senior Tutor | Chris Sauer can help with any concerns about your studies or University supervisor or College advisor:chris.sauer@gtc.ox.ac.uk

Student Administrator | Alison Franklin can help with any issues affecting your academic performance, including disabilities, special exam arrangements and concerns about your College advisor:
alison.franklin@gtc.ox.ac.uk

College Nurse | Jane Lambert is available for support and advice on physical and mental health (weeks 0-9). Visit her in her room on the ground floor of the Observers House (enter from Stables Gallery), Mon and Weds: 15.00-17.30 and Fri: 12.45-14.15., or email her on: nurse@gtc.ox.ac.uk

Pastoral Advisor | John Lennox offers support from the standpoint of a person of Christian faith:
john.lennox@gtc.ox.ac.uk

Senior Tutor | Chris Sauer can help with any concerns about your studies or University supervisor or College advisor:chris.sauer@gtc.ox.ac.uk

Student Administrator | Alison Franklin can help with any issues affecting your academic performance, including disabilities, special exam arrangements and concerns about your College advisor:
alison.franklin@gtc.ox.ac.uk

Female Welfare Officer | Genevieve Richardson
Can offer support for any safety and/or sexual health related questions and provide free contraception.
female-welfare@gtcgcr.org

Male Welfare Officer | Rodrigo Moraes
Can offer support for any safety and/or sexual health related questions and provide free contraception.
male-welfare@gtcgcr.org

GTC Porters’ Lodge (open 24/7) | 01865 274 770

Peer Supporters | are trained by the Counselling Service to support you as fellow students. They are happy to chat about any concerns you have.

Fanny Koh | samuel.ravenscroft@gtc.ox.ac.uk | michael.hewlett@gtc.ox.ac.uk | dariush.micallef@gtc.ox.ac.uk

Ankit Shah | farhan.chaudhary@sbs.ox.ac.uk | ting.liu@gtc.ox.ac.uk

We are looking for more Peer Supporters at GTC. If interested, please contact the Junior Deans.
Police, Ambulance, Fire (emergency) | 999

University Security Service | 01865 289 999

College Doctors | For appointments with a female or male doctor at our College Practice in 19 Beaumont Street: 01865 240 501
www.19beaumontstreet.com

Out of Hours Doctors | To speak to a doctor urgently from 6.30 pm to 8.00 am on weekdays and all day at weekends: phone 111

University (Sexual) Harassment Advisers | provide confidential advice: 01865 270 760, harassment.line@admin.ox.ac.uk

GUM Clinic at the Churchill Hospital | A free and confidential drop-in service for sexual health screening (HIV and other STI tests) and emergency contraception. Drop-in (no appointment needed) Mon-Fri 11.15-15.15, Sat 09.00-12.00, or to make an appointment call 01865 231 231
www.sexualhealthoxfordshire.nhs.uk

Studental | NHS dental practice for students based at Oxford Brookes University, but anyone can register: 01865 484 608 or book an appointment online: www.studental.co.uk

The Lesbian & Gay Foundation | Support for gays, lesbians, bisexuals and transgender: 08453 30 30 30 (10am - 10pm), www.lgf.org.uk

Samaritan Helpline (24/7) | Confidential listening and support for anyone in distress or feeling suicidal: 08457 90 90 90
www.samaritans.org

Nightline | Confidential listening, support and information by students, for students from 8pm to 8am (Weeks 0-9): 01865 270 270 or drop into 16 Wellington Square

Oxford University Counselling Service | Offers individual and confidential counselling sessions: 01865 270 300, counselling@admin.ox.ac.uk

Oxford University Disability Advisory Service | Assists with organising disability-related support: 01865 280 459, disability@admin.ox.ac.uk

www.refuge.org.uk

Oxford Sexual Abuse and Rape Crisis Centre | A source of advice after rape or sexual assault: 08007 836 294 or 01865 726295
support@osarcc.org.uk
www.oxfordrapecrisis.net

FRANK Helpline (24/7) | friendly, confidential advice on alcohol and drugs, and getting help: 0800 776 600, www.talktofrank.com

Student Minds | Student run self help in Oxford. Eating disorder support sessions weekly during term in Oxford – see website for details or contact at: oxford@studentminds.org.uk

B-eat Helpline | advice on eating disorders: 08456 341 414 (Mon-Thurs: 13.30-16.30)
help@b-eat.co.uk
www.b-eat.co.uk

For even more contacts, visit the Life at GTC pages at www.gtcgcr.org or ask one of the Welfare team – if we can’t help, we will know someone who can!