



# GTC WELFARE | INTERNAL CONTACTS

**Junior Deans | Aase Villadsen and Madeline Nightingale** are available to offer welfare advice, to connect you with resources and to be there during emergencies.

Email [jd@gtc.ox.ac.uk](mailto:jd@gtc.ox.ac.uk) or

[aase.villadsen@gtc.ox.ac.uk](mailto:aase.villadsen@gtc.ox.ac.uk) or [madeline.nightingale@gtc.ox.ac.uk](mailto:madeline.nightingale@gtc.ox.ac.uk)

Emergency number: 07786 684 423



**Vice President Welfare | Antonio Ji**

Can provide support and advice to all students and organizes events to promote students' well-being.

[vp-welfare@gtcgcr.org](mailto:vp-welfare@gtcgcr.org)



**Female Welfare Officer | Genevieve Richardson**

Can offer support for any safety and/or sexual health related questions and provide free contraception.

[female-welfare@gtcgcr.org](mailto:female-welfare@gtcgcr.org)



**Male Welfare Officer | Rodrigo Moraes**

Can offer support for any safety and/or sexual health related questions and provide free contraception.

[male-welfare@gtcgcr.org](mailto:male-welfare@gtcgcr.org)



**College Nurse | Jane Lambert** is available for support and advice on physical and mental health (weeks 0-9). Visit her in her room on the ground floor of the Observers House (enter from Stables Gallery), Mon and Weds: 15.00-17.30 and Fri: 12.45-14.15., or email her on: [nurse@gtc.ox.ac.uk](mailto:nurse@gtc.ox.ac.uk)



**Student Administrator | Alison Franklin**

can help with any issues affecting your academic performance, including disabilities, special exam arrangements and concerns about your College advisor:

[alison.franklin@gtc.ox.ac.uk](mailto:alison.franklin@gtc.ox.ac.uk)

**Pastoral Advisor | John Lennox** offers support from the standpoint of a person of Christian faith:

[john.lennox@gtc.ox.ac.uk](mailto:john.lennox@gtc.ox.ac.uk)

**Senior Tutor | Chris Sauer** can help with any concerns about your studies or University supervisor or College advisor:

[chris.sauer@gtc.ox.ac.uk](mailto:chris.sauer@gtc.ox.ac.uk)

**Peer Supporters** | are trained by the Counselling Service to support you as fellow students.

They are happy to chat about any concerns you have

Fanny



Sam



Michael



Darius



[fanny.koh@gtc.ox.ac.uk](mailto:fanny.koh@gtc.ox.ac.uk) | [samuel.ravenscroft@gtc.ox.ac.uk](mailto:samuel.ravenscroft@gtc.ox.ac.uk) | [michael.hewlett@gtc.ox.ac.uk](mailto:michael.hewlett@gtc.ox.ac.uk) | [darius.micallef@gtc.ox.ac.uk](mailto:darius.micallef@gtc.ox.ac.uk)

Ankit

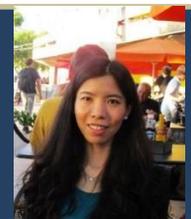


Farhan



We are looking for more Peer Supporters at GTC. If interested, please contact the Junior Deans.

Ting



[ankit.shah@sbs.ox.ac.uk](mailto:ankit.shah@sbs.ox.ac.uk)

| [farhan.chaudhary@sbs.ox.ac.uk](mailto:farhan.chaudhary@sbs.ox.ac.uk) |

[ting.liu@gtc.ox.ac.uk](mailto:ting.liu@gtc.ox.ac.uk)

**GTC Porters' Lodge (open 24/7) | 01865 274 770**



# GTC WELFARE | EXTERNAL CONTACTS

**Police, Ambulance, Fire (emergency) | 999**

**University Security Service | 01865 289 999**

**College Doctors** | For appointments with a female or male doctor at our College Practice in 19 Beaumont Street: 01865 240 501  
[www.19beaumontstreet.com](http://www.19beaumontstreet.com)

**Out of Hours Doctors** | To speak to a doctor urgently from 6.30 pm to 8.00 am on weekdays and all day at weekends: phone 111

**University (Sexual) Harassment Advisers** | provide confidential advice: 01865 270 760, [harassment.line@admin.ox.ac.uk](mailto:harassment.line@admin.ox.ac.uk)

**GUM Clinic at the Churchill Hospital** | A free and confidential drop-in service for sexual health screening (HIV and other STI tests) and emergency contraception. Drop-in (no appointment needed) Mon-Fri 11.15-15.15, Sat 09.00-12.00, or to make an appointment call 01865 231 231  
[www.sexualhealthoxfordshire.nhs.uk](http://www.sexualhealthoxfordshire.nhs.uk)

**Studental** | NHS dental practice for students based at Oxford Brookes University, but anyone can register: 01865 484 608 or book an appointment online: [www.studental.co.uk](http://www.studental.co.uk)

**The Lesbian & Gay Foundation** | Support for gays, lesbians, bisexuals and transgender: 08453 30 30 30 (10am - 10pm), [www.lgf.org.uk](http://www.lgf.org.uk)

**Samaritan Helpline (24/7)** | Confidential listening and support for anyone in distress or feeling suicidal: 08457 90 90 90  
[www.samaritans.org](http://www.samaritans.org)

**Oxford Police (non-emergency) | 101**

**NHS Health Advice (24/7) | 111**

**Nightline** | Confidential listening, support and information by students, for students from 8pm to 8am (Weeks 0-9): 01865 270 270 or drop into 16 Wellington Square

**Oxford University Counselling Service** | Offers individual and confidential counselling sessions: 01865 270 300, [counselling@admin.ox.ac.uk](mailto:counselling@admin.ox.ac.uk)

**Oxford University Disability Advisory Service** | Assists with organising disability-related support: 01865 280 459, [disability@admin.ox.ac.uk](mailto:disability@admin.ox.ac.uk)

**National Domestic Violence Helpline (24/7)** | Support for victims of domestic violence: 0808 2000 247  
[www.refuge.org.uk](http://www.refuge.org.uk)

**Oxford Sexual Abuse and Rape Crisis Centre** | A source of advice after rape or sexual assault: 08007 836 294 or 01865 726295  
[support@osarcc.org.uk](mailto:support@osarcc.org.uk)  
[www.oxfordrapecrisis.net](http://www.oxfordrapecrisis.net)

**FRANK Helpline (24/7)** | friendly, confidential advice on alcohol and drugs, and getting help: 0800 776 600, [www.talktofrank.com](http://www.talktofrank.com)

**Student Minds** | Student run self help in Oxford. Eating disorder support sessions weekly during term in Oxford – see website for details or contact at: [oxford@studentminds.org.uk](mailto:oxford@studentminds.org.uk)

**B-eat Helpline** | advice on eating disorders: 08456 341 414 (Mon-Thurs: 13.30-16.30)  
[help@b-eat.co.uk](mailto:help@b-eat.co.uk)  
[www.b-eat.co.uk](http://www.b-eat.co.uk)

For even more contacts, visit the Life at GTC pages at [www.gtcgr.org](http://www.gtcgr.org) or ask one of the Welfare team – if we can't help, we will know someone who can!