

Interested in becoming a Peer Supporter?

The Peer Support Programme was developed in recognition of the essential role students play in supporting and encouraging one another on a day-to-day basis throughout their time at university. Students are likely to look to each other first for help in thinking through issues and for emotional support, but there are times when this can leave friends feeling out of their depth, unsure how best to help but anxious about seeking advice for fear of betraying trust.

The Programme seeks to better equip students for this role, enabling them to feel more confident in supporting their peers and more aware of the professional support networks available to them. Since its launch it has been embraced by an Oxford University review as an integral part of its welfare provision.

Peer supporters are undergraduate and graduate students who have formally applied for the role and have been selected by the Peer Support Panel in their college or department in consultation with a professional Peer Support trainer and the college's Senior Common Room (SCR). They have received training to enable them to listen effectively, communicate sensitively, maintain confidentiality, respect boundaries and recognise when and how to encourage referral to professional support services. Peer supporters attend ongoing fortnightly supervision through the University Counselling Service to consolidate their training, develop skills and ensure that they are not over-committed. All peer supporters abide by a Code of Practice.

How to apply

Green Templeton funds the training of up to six Peer Supporters each year. Michaelmas Term 2019 training will take place on Tuesdays at 2:15PM

You can apply online by following the link below. The deadline for receipt of applications is 23.30 on 31 August 2019.

<https://oxford.onlinesurveys.ac.uk/michaelmas-term-pgr-tuesday>

This is a great opportunity to contribute to college life and gain self-awareness at the same time!

Further Information can be found at the following links:

<https://www.gtc.ox.ac.uk/students/health-welfare/peer-supporters/>

<https://www.ox.ac.uk/students/welfare/counselling/peersupport?wssl=1>